



Bistro Menu

Entrée

French Style Garlic Bread - add gluten free bun 4	10	Spring Rolls (4) (V) Vegetarian spring rolls served with a sweet chilli dipping sauce	13
Soup of the Day w/crusty baguette - add gluten free bun 4	11	Bowl of Wedges Served with sour cream, sweet chilli sauce and ranch sauce	14
Bowl of Chips w/Gravy	11	Arancini Balls (4) (V) Fried pumpkin & parmesan arancini balls served on a baby spinach, tomato, red onion and Persian fetta salad with a lime aioli	15
Cheesy Garlic Bread - add gluten free bun 4	12		
Dim Sims (4) Fried or steamed chicken dim sims, with lime sweet chilli dip and soy sauce	13		

Please let the bistro cashier know if there are more people to order from your table. Your order can be held to print with others from your group. This will alleviate people on the same table receiving their meals at different times. If we don't know, we can't help you. Meals may take up to 40 minutes during peak periods.

TWO COURSE SENIORS OPTION

Add Small Gelato	5
Add Crusty Baguette	2.9
Add Soup	4.9

FOOD ALLERGIES?

Please notify our staff to ensure we meet your requirements

GLUTEN FREE

Our chips are not gluten free but our roast & mashed potato are

V = Vegetarian | GF = Gluten Free | GFA = Gluten Free Available

From the Wok and Pans

Cashews Stir Fry Noodles

24.9

(GFA, V, VEGAN)

Stir fry tossed with seasonal vegetables, Asian sauce, rice noodles and topped with cashew nuts

- add chicken 6
- add beef 7
- add prawns 8
- add all 12

Pad Thai (V)

24.9

Rice noodles stir fried with tofu, bean shoots, egg, peanuts and special sauce (contains fish sauce)

- add chicken 6
- add beef 7
- add prawns 8
- add all 12

Bolognaise

24.9

Pasta with slow cooked beef and pork mince with garlic, onion and basil, topped with parmesan cheese

Carbonara

24.9

Pasta with bacon and onion in a creamy garlic sauce topped with parmesan cheese

- add chicken 6
- add prawns 8
- add smoked salmon 8
- add seafood 12

Thai Green Curry (V)

24.9

A fragrant coconut based green curry with fresh vegetables and Thai herbs served with steamed rice and roti bread

- add chicken 6
- add beef 7
- add prawns 8
- add all 12

Sides

Crusty Baguette & Butter

2.9

Roti Bread

6

Steamed Rice (GF)

7

Garden Salad (GF)

8

Mashed Potato (GF)

8

Seasonal Vegetables (GF)

10

Bowl of Chips

11

TWO COURSE SENIORS OPTION

- Add Small Gelato 5
- Add Crusty Baguette 2.9
- Add Soup 4.9

FOOD ALLERGIES?

Please notify our staff to ensure we meet your requirements

GLUTEN FREE

Our chips are not gluten free but our roast & mashed potato are

V = Vegetarian | GF = Gluten Free | GFA = Gluten Free Available

Burgers and Wraps

RSL Handmade Beef Burger (GFA)	27	Crispy Chicken Schnitzel Wrap	26
With bacon, egg, cheese, tomato, lettuce, grilled onion and tomato relish aioli, served with chips		Crispy chicken and classic Caesar salad wrapped in a flour tortilla, served with chips	
- add gluten free bun	4		
Chicken Schnitzel Burger (GFA)	27	Open Style Souvlaki	29
With cheese, tomato, lettuce and a lime aioli, served with chips		Grilled marinated lamb or chicken breast on a wrap with lettuce, tomatoes, roasted peppers and red onion with garlic yoghurt sauce and chips	
- add gluten free bun	4	- add all	4
- GF schnitzel	2.9		
Deluxe Steak Burger (GFA)	29		
180gm Porterhouse with bacon, cheese, tomato, lettuce, onion, egg, tomato relish aioli served with chips and onion rings			
- add gluten free bun	4		

Salads

Our salads contain mixed leaves, cucumber, tomato, onion, carrot and comes with a lemon lime aioli dressing

Thai Beef Salad (GF)	25	Chinese BBQ Pork Belly Salad	25
With marinated stir fry beef, salad with lettuce, onion, tomato, cucumber, avocado and bean shoots topped with crushed nuts		BBQ pork belly, avocado, salad greens, tomato, bean sprouts, cucumber and onion with a mild lime wasabi dressing, topped with crispy wontons	
- add chicken	6		
Lemon Pepper Calamari Salad	25	Warm Grilled Chicken and Mango Salad (GF)	25
With salad greens, tomato, cucumber and onion dressed with a lemon/lime aioli		Grilled chicken, sliced mango, avocado, salad greens, tomato, bean sprouts, cucumber and onion with a lemon/lime aioli dressing	

TWO COURSE SENIORS OPTION

Add Small Gelato	5
Add Crusty Baguette	2.9
Add Soup	4.9

FOOD ALLERGIES?

Please notify our staff to ensure we meet your requirements

GLUTEN FREE

Our chips are not gluten free but our roast & mashed potato are

V = Vegetarian | GF = Gluten Free | GFA = Gluten Free Available

Seafood

Battered Fish and Chips	26	Crumbed Prawn Cutlets	30
Homemade beer battered barramundi served with chips and salad or chips and vegetables, tartare sauce and a lemon wedge		Served with chips and salad or chips and vegetables, tartare sauce and a lemon wedge	
Grilled Barramundi (GF)	26	Seafood Selection	36
Served with mashed potato, seasonal vegetables, tartare sauce and a lemon wedge		Beer battered Barramundi, crumbed prawn cutlets, lemon pepper calamari pieces served with chips and salad or chips and vegetables, tartare sauce and a lemon wedge	
Lemon Pepper Calamari (GFA)	28		
Served with chips and salad or chips and vegetables, tartare sauce and a lemon wedge			
Garlic Prawns (GFA)	31		
Pan seared prawns and vegetables in a garlic and white wine creamy sauce served with steamed rice and roti bread			

From the Grill

All served with a choice of chips and salad or roast potatoes and vegetables plus the sauce of your choice Mushroom, Pepper, Garlic Butter or Gravy

Rump Steak (250 grams) (GF)	35	Extra Sauces	3.5
Big Boy Rump Steak (400 grams) (GF)	46	Mushroom, Pepper, Garlic Butter or Gravy	
Porterhouse Steak (300 grams) (GF)	47	Surf & Turf	12
		Add 3 garlic prawns in a creamy white wine sauce	

NB: Well done steaks may take up to 40 minutes to cook.

TWO COURSE SENIORS OPTION

Add Small Gelato	5
Add Crusty Baguette	2.9
Add Soup	4.9

FOOD ALLERGIES?

Please notify our staff to ensure we meet your requirements

GLUTEN FREE

Our chips are not gluten free but our roast & mashed potato are

V = Vegetarian | GF = Gluten Free | GFA = Gluten Free Available

Favourites

Roast of the Day (GFA)	26	Chicken Schnitzel (GFA)	26
With oven roasted potatoes, maple roasted pumpkin, buttered peas, creamy baked cauliflower and gravy		Lightly grilled crumbed breast fillet, served with chips and salad or chips and vegetables and gravy	
		- GF Schnitzel	2.9
Bangers and Mash (GF)	26	Satay Chicken Tenderloins (5) (GFA)	26
Served with grilled onions, bacon, creamy mashed potato, seasonal vegetables and gravy		Served on a bed of rice with seasonal vegetables and a creamy peanut satay sauce with roti bread	
Lambs Fry and Bacon (GF)	26	Roasted Pork Belly	35
Served with grilled onions, bacon, creamy mashed potato, seasonal vegetables and gravy		Served with chips and salad or chips and vegetables, apple sauce and gravy	

RSL Parmas

Chicken Parmigiana	28	Mexican Parmigiana	31
Crumbed breast fillet topped with leg ham, Napoli sauce and cheese, served with chips and salad or chips and vegetables		Crumbed breast fillet with leg ham, Mexicana sauce, cheese topped with avocado salsa, sour cream & corn chips served with chips & salad or chips & vegetables	
- GF Schnitzel	2.9	- GF Schnitzel	2.9
Hawaiian Parmigiana	31	Sicilian Parmigiana	31
Crumbed breast fillet topped with leg ham, pineapple, Napoli sauce and cheese served with chips and salad or chips and vegetables		Crumbed breast fillet topped with salami, chilli, Napoli sauce, kalamata olives, sun dried tomatoes, red onions, fired red capsicum and cheese served with chips and salad or chips and vegetable	
- GF Schnitzel	2.9	- GF Schnitzel	2.9

TWO COURSE SENIORS OPTION

Add Small Gelato	5
Add Crusty Baguette	2.9
Add Soup	4.9

FOOD ALLERGIES?

Please notify our staff to ensure we meet your requirements

GLUTEN FREE

Our chips are not gluten free but our roast & mashed potato are

V = Vegetarian | GF = Gluten Free | GFA = Gluten Free Available

Senior Options

(Seniors card required)

Roast of the Day (GFA)	19.5	Lambs Fry and Bacon (GF)	19.5
With oven roasted potatoes, maple roasted pumpkin, buttered peas, creamy baked cauliflower and gravy		With grilled onions, creamy mashed potato, seasonal vegetables and gravy	
Battered Fish and Chips	19.5	Satay Chicken Tenderloins (3) (GFA)	19.5
Homemade beer battered Barramundi served with chips and salad or chips and vegetables, tartare sauce and a lemon wedge		Served on a bed of rice with seasonal vegetables and a creamy peanut satay sauce with roti bread	
Grilled Barramundi (GF)	19.5	Crumbed Prawn Cutlets	22.5
Served with mashed potato, seasonal vegetables, tartare sauce and a lemon wedge		Served with chips and salad or chips and vegetables, tartare sauce and a lemon wedge	
Bangers and Mash (GF)	19.5	Garlic Prawns (GFA)	23.25
With grilled onions, bacon, creamy mashed potato, seasonal vegetables and gravy		Pan seared prawns and vegetables in a garlic and white wine creamy sauce served with steamed rice and roti bread	

Dessert Selection

Gourmet Cake of the Day	13
(Selection in cake fridge to choose from) Served with fresh cream and a berry coulis	
Individual Pavlova (GFA)	13
Served with fresh cream, passionfruit sauce, strawberries, sliced peaches and wafer	
Caramel Sticky Date Pudding	13
Served warm with salted caramel sauce and vanilla ice cream	
Churros	14
Spanish donuts served with fresh cream, warm chocolate sauce, butterscotch sauce and fresh strawberries	
Loaded Waffles	14
Served with warm Nutella, maple syrup, mixed berry compote, strawberries & vanilla ice cream	



TWO COURSE SENIORS OPTION

Add Small Gelato	5
Add Crusty Baguette	2.9
Add Soup	4.9

FOOD ALLERGIES?

Please notify our staff to ensure we meet your requirements

GLUTEN FREE

Our chips are not gluten free but our roast & mashed potato are

V = Vegetarian | GF = Gluten Free | GFA = Gluten Free Available

Kids' Menu

Children's Selection

(12 and under)

Children's meals are served with a free small Gelato

Kids Pasta Bolognese 15

Served with parmesan

Kids Battered Fish 15

Served with chips and salad or chips and vegetables

Kids Chicken Schnitzel 15

Served with chips and salad or chips and vegetables

- GF Schnitzel 2.9

Kids Nuggets 15

Served with chips and salad or chips and vegetables

Kids Parma 16

Served with chips and salad or chips and vegetables

- GF Schnitzel 2.9



While The Bendigo District RSL will endeavour to accommodate requests, we cannot guarantee completely allergy-free meals due to the potential of trace allergens in the working environment and supplied ingredients.

TWO COURSE SENIORS OPTION

Add Small Gelato 5

Add Crusty Baguette 2.9

Add Soup 4.9

FOOD ALLERGIES?

Please notify our staff to ensure we meet your requirements

GLUTEN FREE

Our chips are not gluten free but our roast & mashed potato are

V = Vegetarian | GF = Gluten Free | GFA = Gluten Free Available