

Menu

STARTERS

Garlic Bread 11
-add GF Bun 4.5

Cheesy Garlic Bread 13
-add GF Bun 4.5

Soup of the Day 12
Served with crusty baguette.

Dim Sims (3) 12
Fried or steamed, with sweet chilli and soy.

Spring Rolls (3) (V) 12
Vegetarian, with sweet chilli.

Arancini Balls (4) (V) 16
Pumpkin & parmesan risotto balls, salad, lime aioli & Balsamic glaze.

Wedges 15
With sweet chilli & sour cream

Chips with gravy 12

Bolognaise 26
Slow-cooked beef & pork mince, garlic, onion, tomato sauce, basil & parmesan.

FROM THE WOK

Cashews Stir Fry Noodles (GFA,V,VG) 26
Stir-fried veggies, rice noodles, Asian sauce & cashews.

- add chicken 6
- add beef 7
- add prawns (I) 9
- add all 15

Nasi Goreng (V) 26
Indonesian fried rice stir-fried with sambal, garlic, shallots, vegetables and sweet soy sauce, topped with a fried egg, cucumber and prawn crackers.

- add chicken 6
- add beef 7
- add prawns (I) 9
- add all 15

Laksa 25
Fragrant coconut curry noodle soup with Asian vegetables, tofu, rice and Hokkien noodles, topped with fresh herbs, fried shallots and bean sprouts, served with lemon.

- add chicken 6
- add prawns(I) 9
- add all 15

PASTA

Carbonara 26
Creamy pasta with bacon, garlic, onion & parmesan.

- add chicken 6
- add prawns (I) 9
- add smoked salmon (I) 9
- add mixed seafood (I) 15

TWO COURSE SENIORS OPTION

Add Small Gelato 5
Add Crusty Baguette 3
Add Soup 6

FOOD ALLERGIES?

Please inform our friendly staff of any dietary requirements.
May contain traces

GLUTEN FREE

Our chips are not gluten free but our roast & mashed potato are

VG = Vegan / V = Vegetarian / GF = Gluten Free / GFA = Gluten Free Available

Seafood Country of Origin : A – Australian Seafood. I – Imported Seafood. M – Combination of Australian and Imported Seafood

Menu

FAVOURITES

Roast of The Day (GFA)

Chef's roast with oven-baked potatoes, roasted pumpkin, peas, baked cheese cauliflower and gravy.

26.9

Bangers & Mash

Sausages, grilled onions, bacon, creamy mashed potato, steamed vegetables & gravy.

26.9

Lambs Fry and Bacon (GF)

With grilled onions, bacon, creamy mashed potato, steamed vegetables, Napoli & gravy.

26.9

Chicken Schnitzel (GFA)

Crispy schnitzel, chips, salad or vegetables & gravy.

26.9

- GF Schnitzel 4

Satay Chicken Tenderloins (4) (GFA)

Served on a bed of rice, steamed vegetables, creamy peanut satay and roti.

26.9

- add tenderloin 3 each

Roasted Pork Belly

With chips, salad or vegetables, apple sauce & gravy.

35

SEAFOOD

Battered Fish and Chips (I)

Beer battered barramundi, chips, salad or vegetables, tartare & lemon.

26.9

Grilled Barramundi (GF) (I)

With creamy mashed potato, steamed vegetables, tartare, lemon.

26.9

Lemon Pepper Calamari (GFA) (I)

With chips, salad or vegetables, tartare, lemon.

28.9

Garlic Prawns (GFA) (I)

Pan-seared prawns in creamy garlic sauce, steamed vegetables, rice & roti.

32

Crumbed Prawn Cutlets (I)

With chips, salad or vegetables, tartare & lemon.

31

FROM THE GRILL

All served with chips & salad or roast potatoes & vegetables, plus your choice of sauce (Mushroom, Pepper, Garlic Butter, Gravy).

Rump Steak (250g) (GF)

37

Big Boy Rump Steak (400g) (GF)

48

Porterhouse Steak (300g) (GF)

49

Surf & Turf (Add 3 garlic prawns in a creamy white wine sauce) (I) 13

Extra Sauces (Mushroom, Pepper, Garlic Butter or Gravy) 3.8

NB: Well done steaks may take up to 40 minutes to cook.

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RSL PARMAS

Classic Parma

28.9

Ham, Napoli sauce, cheese with chips, salad or vegetables.

- GF Schnitzel 4.5
- add Pineapple 3.5

Mexican Parma

31.9

Ham, Mexicana sauce, cheese, avocado salsa, sour cream, corn chips with chips, salad or vegetables.

- GF Schnitzel 4.5

Sicillian Parma

31.9

Salami, chilli, Napoli sauce, kalamata olives, sundried tomatoes, red onions, capsicum and cheese with chips, salad or vegetables.

- GF Schnitzel 4.5

BBQ Meat Lovers Parma

31.9

Ham, bacon, salami, bbq sauce, and cheese served with chips, salad or vegetables

- GF Schnitzel 4.5

SALAD

Lemon Pepper Calamari Salad (I)

25.9

Calamari, lettuce, tomato, red onion, avocado, cucumber, mandarin & lemon/lime aioli.

Chinese BBQ Pork Belly Salad

25.9

BBQ pork, lettuce, tomato, red onion, avocado, cucumber, crispy wontons & lime wasabi dressing.

Chicken & Mango Salad (GF)

25.9

Grilled chicken tenderloins, mango, lettuce, tomato, red onion, avocado, cucumber & lemon/lime aioli.

Grilled Barramundi Salad (GF) (I)

26.9

Grilled barramundi fillet served lettuce, tomato, red onion, avocado, cucumber & lime dressing.

- add Mango 3.5

BURGERS & WRAPS

RSL Beef Burger (GFA)

28

Juicy beef patty, bacon, egg, cheese, lettuce, tomato, onion, tomato relish aioli & chips.

- add beef patty 5
- add GF Bun 4.5

Chicken Schnitzel Burger (GFA)

27

Crispy schnitzel, cheese, lettuce, tomato, lime aioli, chips

- add GF Bun 4.5
- GF Schnitzel 4.5

Deluxe Steak Burger (GFA)

30

180gm Porterhouse steak, bacon, cheese, lettuce, tomato, onion, egg, onion rings & chips

- add GF Bun 4.5

Club Wrap

27

Chicken Tenderloins, ham, tomato, onions, roasted capsicum, green salad & ranch dressing

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SENIOR OPTIONS (SENIORS CARD REQUIRED)

Roast of The Day (GFA) Chef's roast with oven-baked potatoes, roasted pumpkin, peas, baked cheese cauliflower and gravy.	19.9	Lambs Fry and Bacon (GF) With grilled onions, bacon, creamy mashed potato, steamed vegetables, Napoli & gravy.	19.9
Battered Fish and Chips (I) Beer-battered barramundi, chips, salad or vegetables, tartare & lemon.	19.9	Satay Chicken Tenderloins (3) (GFA) Served on a bed of rice, steamed vegetables, creamy peanut satay and roti.	19.9
Bangers & Mash Sausages, grilled onions, bacon, creamy mashed, potato, steamed vegetables & gravy.	19.9	Crumbed Prawn Cutlets (I) With chips, salad or vegetables, tartare & lemon.	22.95
Grilled Barramundi (GF) (I) With creamy mashed potato, steamed vegetables, tartare, lemon.	19.9	Garlic Prawns (GFA) (I) Pan-seared prawns in creamy garlic sauce, steamed vegetables, rice & roti.	23.70

DESSERT

Individual Pavlova (GFA) Cream, passionfruit, strawberries, peaches, wafer.	15
Churros Cream, passionfruit, strawberries, peaches, wafer.	16
Loaded Waffles Nutella, maple syrup, berry compote, strawberries & ice cream.	16
Gourmet Cake Slice Please see our cake display for today's selection. Served with cream & strawberries.	15
Selection of Individual Cakes Please see our cake display for today's selection. Served with cream & strawberries.	11

SIDES

Crusty Baguette & Butter	3
Roti Bread	8
Steamed Rice (GF)	8
Garden Salad	9
Mashed Potato (GF)	9
Seasonal Vegetables (GF)	16
Small Bowl of Chips	7

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CHILDRENS MENU

(12 and under, includes free small Gelato)

Kids Pasta Bolognese 16

With parmesan.

Kids Battered Fish (I) 16

With chips, salad or vegetables.

Kids Chicken Schnitzel 16

With chips, salad or vegetables.

- GF Schnitzel 4.5

Kids Nuggets 16

With chips, salad or vegetables.

Kids Sausage 16

With chips, salad or vegetables.

Kids Parma 17

With chips, salad or vegetables.

- GF Schnitzel 4.5



While the Bendigo District RSL will endeavour to accommodate all requests for specified dietary requirements (food allergies and or intolerances), we cannot guarantee completely allergy free meals due to the potential of trace allergens in the working environment and supplied ingredients.

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